CONTRACTING IN SUPERVISION

Practical arrangements (may be done in writing)	 Dates, frequency & duration of sessions Agreements on missed / changed sessions Contact details When to send in reports Invoice: agreed fee + time of invoice
Objectives	 Objectives and expectations of supervision (safe place for reflection, learning, support) Aims of the SE; specific areas of exploration?
Conditions	 Accountability format (talking only, reflecting on videos, both, etc) agreements on recording of sessions agreement on how shared information will be used and/or saved confidentiality does this supervision also involve an assessment in any way? SE is leading, starts the session SV will chime in to support reflection and will bring in topics as well
Relational	 What is it like for you to be in supervision? Do you have any pevious experiences with supervision? What supports your learning? Preferred styles of supervision and learning. What makes you shut down / become defensive? And how can this best be handled and supported? Gender, race, culture, roles

Mindfulness Supervision training

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